

immediate release

Helen of Troy Limited Named to Forbes 200 Best Small Companies List

EL PASO, Texas, Oct. 18 – Helen of Troy Limited (NASDAQ, NM: HELE), designer, developer and worldwide marketer of brand-name personal care and household consumer products, today announced it has been named to the Forbes 200 Best Small Companies in America list.

The candidates for Forbes 200 Best Small Companies all had revenue of \$5 million to \$750 million and share prices above \$5, as of October 1, 2007. Forbes judged the companies according to return on equity, as well as sustained sales and net profit growth over the 12-month and five-year periods. Helen of Troy was ranked number 20 in total sales, number 40 in net profits, and number 97 in market value.

“We are very pleased to have been named to this prestigious list by Forbes Magazine,” said Gerald J. Rubin, Chairman, Chief Executive Officer and President. “Receiving a distinction of this nature is not something that just happens, but is the result of the hard work and combined efforts of our entire organization. I am very proud of the Helen of Troy family around the world and commend them for a job well done.”

Helen of Troy Limited is a leading designer, producer and global marketer of brand-name personal care and household consumer products. The Company’s personal care products include hair dryers, curling irons, hair setters, women’s shavers, brushes, combs, hair accessories, home hair clippers, mirrors, foot baths, body massagers, paraffin baths, liquid hair styling products, body powder and skin care products. The Company’s household products include consumer product tools in the kitchen, cleaning, barbecue, barware, storage, organization, garden, hardware, trash and automotive categories. The Company’s products are sold to consumers by mass merchandisers, drug chains, warehouse clubs and grocery stores under licensed trade marks including Vidal Sassoon[®], licensed from The Procter & Gamble Company, Revlon[®], licensed from Revlon Consumer Products Corporation, Dr. Scholl’s[®], licensed from Schering-Plough HealthCare Products, Inc., Sunbeam[®], Health at Home[®] and Health o meter[®] licensed from Sunbeam Products, Inc., Sea Breeze[®], licensed from Shiseido Company Ltd., Vitapointe[®], licensed from Sara Lee Household and Body Care UK Limited, Toni & Guy[®] outside of the Americas, licensed from Mascolo Limited, Bed Head[®] and TIGI[®] in the

Americas licensed from MBL/TIGI Products, LP, and Toni&Guy® in the Americas licensed from MBL/TONI&GUY Products, LP. Helen of Troy's owned brands include OXO®, Good Grips®, Candela®, Brut®, Vitalis®, Final Net®, Ammens®, Condition® 3-in-1, SkinMilk®, Time Block®, Epil-Stop®, Dazey®, Caruso®, Karina®, DCNL®, Nandi®, Isobel® and WaveRage®. The Company markets hair and beauty care products under the Helen of Troy®, Hot Tools®, Hot Spa®, Salon Edition®, Gallery Series®, Wigo®, Fusion Tools™, Belson®, Belson Pro®, Gold 'N Hot®, Curlmaster®, Premiere®, Profiles®, Comare®, Mega Hot®, and Shear Technology® owned brands to the professional beauty salon industry.

This press release may contain forward-looking statements, which are subject to change. The forward-looking statements are made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Any or all of the forward-looking statements may turn out to be wrong. They can be affected by inaccurate assumptions or by known or unknown risks and uncertainties, including risks associated with the integration of newly acquired brands, product lines and business such as Belson Products. Many of these factors will be important in determining the Company's actual future results. Consequently, no forward-looking statement can be guaranteed. Actual future results may vary materially from those expressed or implied in any forward-looking statements. The forward-looking statements are qualified in their entirety by a number of risks that could cause actual results to differ materially from historical or anticipated results. Generally, the words "anticipates", "believes", "expects" and other similar words identify forward-looking statements. The Company cautions readers not to place undue reliance on forward-looking statements. The Company intends its forward-looking statements to speak only as of the time of such statements, and does not undertake to update or revise them as more information becomes available. The forward-looking statements contained in this press release should be read in conjunction with, and are subject to and qualified by, the risks described in the Company's Form 10-K for the year ended February 28, 2007 and in our other filings with the SEC. Investors are urged to refer to the risk factors referred to above for a description of these risks.

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